

MVTR GENERAL MEETING NOTES 4 October 2017

FREEDOM CYCLE - CONCORD

Andy Anthony called the meeting to order at 7:10pm with approximately 40 members present.

MVTR President Tom Levesque

Is somewhere on the road in Ohio. He is on a multi-week trip chasing GNCC points in West Virginia and the mid-west. He has the Masters Championship locked up. GNCC published a nice interview with Tom, where it was revealed that he is the oldest and longest competing racer in the series, with a 50 year continuous career. Art Pepin passed the interview to Channel 9 Chronicle who is now very interested in doing a piece on him.

New Members

Jacob Marsh rides a Honda 250X and Tim Filion rides a Beta. Both of Gilford, they are neighbors of, and friendly with Bergeron's in Alton. They have been doing some trail maintenance on the property with their CAT dozer. They are interested in sponsoring general trail bike maintenance this winter at the Lakes Region Community College in Belmont.

Past Events

- Lynne and Andy Anthony described the Leonard's Loop hare scramble as a mudfest. The day of the race was sunny, but several days of rain previous did the damage. Lynne quit after drowning her bike.
- Lynne and Andy Anthony told a tale of multiple tire changes at the Rocktoberfast enduro after Lynne had a flat tire on pavement.
- Jim Bird described the Ammo turkey run as "no dust" (very muddy, wink wink, nod nod). He said there were three beautiful sections of private stock single track on private property, the longest of which was some ten miles.
- Tucker caused a commotion at the Buckfield 2-day in Maine with his choice of lounge wear.

Upcoming Events

- Jim Bird is hosting the Mont Vernon Challenge 14 October. A pig roast follows the time trial at his 4.2 mile Nurbirding.
- Seacoast Trail Riders will host another new rider training day 15 October. It will be at Paul Boisvert's farm in Berwick Maine. Open to kids of all ages, there will be some small bikes and gear available for youngin's. The goal is to provide a non-competitive environment to introduce first time or new riders to the sport.
- The Hawk Ride will be at Jay McGrath's in Deerfield 29 October. If you want the catered meal, Jay needs your money by 17 October. See the MVTR Face book page for the flyer.
- Matt Belanger is hosting a work party at Bergeron's in Alton 15 October. There will be another there in November.

MVTR Enclosed Equipment Trailers

- Need to be moved from Tucker's property.
- Andy is negotiating with Weare Winter Wanderers to move our trailers to where they store their groomers and trailers.
- Rupert Dance has offered space at Freedom Cycle to store the trailers.
- Security and comprehensive insurance need to be considered.
- MVTR would like to replace the smaller trailer with a new 22 or 24 foot trailer that can store the Hop-Ev maintenance materials. This trailer would be purchased with Grant in Aid funds from the State.
- The small trailer that will be retired will be dedicated to MVTR competition events.
- Andre has removed MVTR materials from Tucker's garage and is storing them at his house.

Hydration

Tom Levesque requested a discussion of what members are doing. Has he had trouble?

- It can't be an afterthought, what you drink takes 3-4 hours to get into your system.
- In the desert southwest, start drinking the day before.
- Duane Call uses a sugar supplement in his camel-back, and may consume 2000 calories per hour in a long race. He says this helps to hold off fatigue at the end.
- J.D. Mott recommends a supplement called "Stop Leg Cramps" from www.stoplegcramps.com as a miracle cure for him.

MVTR Rock Crusher venue

- The venue was severely damaged during the last event. The dust floated away leaving ruts that won't heal. Mud would have eventually flowed back in to fill in the ruts.
- New trails will need to be cut. Andy will post pone work parties until after deer season, maybe in the spring.

Duane Call made an interesting display of his 300 2-stroke top end which had 380 hours on it. Very clean, with the original spark plug in good condition.

There was no 50:50 raffle.

Andy adjourned the meeting at 8:30pm